



### **Our Speaker's Bureau**

Does your school, office, media outlet, community group or organization need a virtual or in-person presentation on behavioral health topics?

As an affiliate of Journey Health System, we have professional experts across northwestern and northcentral Pennsylvania available to speak on a variety of topics concerning behavioral health care and mental illnesses. Some of our speakers include:

- Rebecca Clark, LCSW, Administrative Director of Treatment Services & New Opportunities Employee Assistance Program at Stairways Behavioral Health
- Angela Chew, LCSW, Director of Dickinson Center's Restoration Center
- Kim M. Thurston, PsyD, NCSP, Vice President of Clinical Services at Journey Health System & Executive Director of Deerfield Behavioral Health.

In an effort to bring about better understanding and acceptance around those experiencing mental health conditions, here are some examples of recent topics discussed:

- Mental Health Awareness
- Depression Awareness & Education
- Suicide Prevention Awareness
- Stress and Anxiety: Building Resiliency and Coping Strategies
- Issues in Children's or Adolescent's Behavioral Health
- Trauma-Informed Care
- Mental Health Careers, and more.

### **For more information, please contact:**

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